

## SPA BODY TREATMENTS

### Aveda Aroma Scalp Massage \$25 Add-on

This 15-minute scalp massage customized with an Aveda aroma is the perfect enhancement to any massage, facial or body treatment. Schedule a shampoo and blow-dry service after the recommended treatment time, or leave the nourishing aromas and essentials oils in your hair for amplified benefits.

### Aveda Aroma Salt Glow 30 min/\$65

#### 60min/\$95 With Steam

Mineral-rich sea salts are combined with skin conditioning oils for invigorating, total body refinement.

### Aveda Aroma Body Polish 30 min/\$65

#### 60 min/\$95 With Steam

A gentle application of finely-pulverized walnut shells combined with a coconut oil-based cleanser provides a mild, total body exfoliation that leaves skin smooth and supple.

### Aveda Aroma Body Wrap 60 min/\$100

#### 75 min/\$125 With Steam

A detoxifying seaweed body wrap treatment customized with your favorite Aveda body care aroma—Beautiful, Rosemary Mint, Shampoo™ or Stress-Fix™. Includes a dry exfoliation, seaweed body masque, scalp and face massage and foot reflexology techniques.

### Rosemary Mint Body Treatment

#### 75 min/\$125

A peppermint infused exfoliation is followed by our heated Plant Pure-Fume™ steam bath, helping to detoxify and nourish the skin. A scalp and foot massage balance the whole body.

\* Performed only at our Ashley Ridge location.

\*\* Performed only at our Bossier location.

## MAKEUP & LASHES

### Makeup Application \$50+

A natural enhancement of your features for an everyday look.

### Formal Makeup Application \$65+

A more dramatic enhancement of your features for a special occasion look.

### Makeup Lesson \$85

Take your makeup skills to a new level with one of our experts. Includes 10% product discount on all makeup purchases.

### Permanent Makeup

Pricing by consultation

### Microblading at the Brow Boutique\* \$400

includes initial service and 6-week touch-up

#### Annual Touch-up \$100

Get fabulous, natural-looking, full brows with this innovative camouflaging and enhancing technique that simulates natural looking eyebrow hair. Carefully applied strokes of American-made Li cosmetic pigments are deposited in surficial skin layers to blend perfectly with your existing brow hair. For those who have little to no hair, this service will create three-dimensional looking brows.

### XTREME LASHES Eyelash Extensions\*

#### Full Set \$175+ | Refills \$50+

Longer, thicker, fuller and naturally curled eyelashes. With routine touch-ups every 2-3 weeks, you can have amazing eyelashes indefinitely.

### Lash Lift & Tint \$65

This semi-permanent lift and curl will give you luscious and beautiful lashes for 2 to 3 months without damaging your natural lashes.

## LAGNIAPPE

### Infrared Sauna\* or Aromatherapy Steamroom\*\*

\$1/minute, complimentary with any 60-min service. Relax and detoxify in the gentle heat of our infrared sauna or steam shower.

### Ear Candling 45 min/\$50

A holistic procedure that draws out toxins, pollutants and excess wax.

### Ionic Detox Footbath\* 30 min/\$55

The ionic footbath balances your body's chemistry by removing acidic toxins and leaves your body in a more alkaline state. Results include a greater feeling of overall well-being.

### Airbrush Tan\* \$45 Female | \$55 Male

A sunless tan that delivers a natural, sun-kissed look.

## SPA PACKAGES

We can tailor any package to better suit your needs.

### Nature Package \$160 (3 hrs)

Aveda Aroma Massage (1/2hr), Tulasāra™ Facial (1/2hr), Spa Manicure & Pedicure

### Balance Package \$230 (4.5 hrs)

Aveda Aroma Massage (1hr), Tulasāra™ Facial (1hr), Lunch, Spa Manicure & Pedicure

### Infinity Air Package \$270 (5 hrs)

Aveda Aroma Massage (1hr), Tulasāra™ Facial (1/2hr), Spa Manicure & Pedicure, Shampoo & Blowout, Lunch, and Makeup Application

### Aveda Men's Package \$155 (2.5 hrs)

Tulasāra™ Men's Facial (1/2hr), Deep Tissue Massage (1/2hr), and Foot-Relieving Pedicure

### Pre-Natal Package \$225 (3.5 hrs)

Pre-Natal Massage (1hr), Tulasāra™ Facial (1/2hr), Lunch, Hand & Foot Relieving Manicure & Pedicure. Physician's written authorization required. Not available during the first trimester of pregnancy.

### Couple's Package \$240 (2.5 hrs)

Each person receives an Aveda Aroma Massage (1 hr) and Spa Pedicure

## THINGS YOU SHOULD KNOW BEFORE YOUR APPOINTMENT

### • Arrival Policy

To fully benefit from your service, please arrive 15 minutes prior to your appointment time. Your service will begin promptly at the time you reserved. Late arrivals will result in a shortened treatment time so that other guests are not inconvenienced. For waxing appointments, arrivals more than 10 minutes late are subject to being rescheduled due to time constraints specific to waxing services.

### • Cancellation/Rescheduling Policy

Appointment times held for guests are not available to other guests who may want the same appointment time. Therefore, guests must provide a credit card to reserve an appointment. We kindly request that you provide 24 hours notice for any cancellation or change in your appointment time. Any cancellations or changes requested less than 24 hours before your scheduled appointment time are subject to charging your credit card for the full amount of the service. Credit card information remains on file for future appointments unless otherwise requested by the guest.

### • Gift Certificate Policy

Gift certificates may be used at all Spa Concepts locations and must be presented at the time of service. If you are unable to present the gift certificate, an alternative form of payment will be required. Spa Concepts is not responsible for lost or stolen gift certificates. Spa Concepts gift certificates are non-refundable and are not redeemable for cash.

### • Children Policy

Children are permitted in the salon or spa area if they are booked for a service. Children must be at least 8 years old to receive a service, are expected to be on their best behavior, and must be supervised by an adult guardian at all times. For safety reasons and insurance purposes, no child under the age of 12 is permitted in the spa unless booked for a service. We do not have facilities to care for children and hope you understand we cannot assure their safety in a professional environment. We also do not want to compromise the experience of our other guests.

### • Smartphone Use Policy

In consideration of other guests and to ensure a relaxing spa experience for yourself, we ask that you silence your cell phone and refrain from speaking, participating in live video conversations, or playing any audio or video without the use of headphones. Guests who use a smartphone in such manner will be gently asked to refrain from smartphone use or continue using their smartphone outside.

### • Personal Belongings

Spa Concepts is not responsible for any lost, damaged or stolen items.

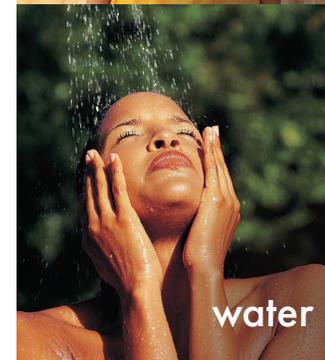
### • Locker and Shower Facilities

Are available at our Ashley Ridge and Bossier locations.

### • Spa Parties

We request that spa parties arrive 30 mins prior to their first appointment. Spa parties have complimentary use of the party room on a first come basis. A 20% gratuity will be added to all spa parties. Spa parties are subject to a 72-hour cancellation/rescheduling policy. Discounts and new guest \$20 off cards may not be used for Spa Parties.

Please see [spaconcepts1.com](http://spaconcepts1.com) for service descriptions. Massage License #: e2677, e2375, e4166



# Spa Concepts

Salon & Spa

### Bellemead

6535 Youree Dr., Suite 407  
Shreveport, LA 71105  
Mon 9:30am-6pm  
Tues-Sat 9:30am-7pm  
Sun 12:30pm-5pm  
318.524.3015

### Ashley Ridge

428 Ashley Ridge Blvd.  
Shreveport, LA 71106  
Mon 9am-6pm  
Tues-Sat 9am-7pm  
Closed Sunday  
318.861.0199

### Bossier

1050 Bancorp South Circle  
Bossier City, LA 71111  
Mon-Sat 9am-7pm  
Sunday 12pm-6pm  
318.888.3792

Printable online gift certificates  
[spaconcepts1.com](http://spaconcepts1.com)

**AVEDA**  
THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES



## HAIR

### CUT & STYLE

Female	\$40+
Female Child (10 & under)	\$40+
Male	\$25+
Male Child (10 & under)	\$25+
Shampoo & Blowout	\$35+
with hot tools	\$50+
Updo/Formal Hair	\$55+

### COLOR

All-over Color	\$70+
Root Touch-Up	\$60+
Full Highlights or Lowlights	\$80+
Partial Highlights or Lowlights	\$70+
Highlight & Lowlight	\$95+
Partial Highlight & Lowlight	\$75+
Balayage or Ombre	\$150+
Male Color	\$55+
Male Natural Gray Blending	Add-on \$20

### HAIR EXTENSIONS

**VoMor™ Hair Extension System**      **\$210+**  
Transform your confidence and appearance with this innovative system. Add natural-looking volume, fullness and color with one visit. Complimentary consultation required prior to day of service.

### TEXTURE & TREATMENTS

**Brazilian Blowout**      **\$275+**

#### Keratin Smoothing Treatment

A revolutionary technology that nourishes and strengthens hair, restores smoothness and shine and creates a humidity-resistant finish. For all hair types.  
Express (lasts up to 6 weeks)      \$175+  
Full Treatment (lasts up to 5 months)      \$350+

#### Q-Smooth Active

**\$80+ Add-on | \$125+ Standalone**  
100% natural, this quick and highly effective treatment will leave your hair de-bulked and frizz resistant with incredible shine and softness that lasts for up to 6 weeks.

#### Total Smooth Intensive Smoothing Treatment

**\$350+**  
Science plus nature equals toxin-free smoothing with this 100% natural treatment. Reduces up to 3 curl patterns while blocking frizz. Hair will smooth easily with hot tools for incredible shine and softness that lasts 4-6 months.

#### Permanent Waves

**\$95+**

#### Color Shine Treatment

**\$25+ Add-on | \$55 Standalone**  
Gloss your natural color, refresh color, or color grays. Adds incredible shine and improves the condition of hair.

#### Botanical Hair & Scalp Treatment

**\$25+ Add-on | \$55 Standalone**  
This customized scalp massage corrects imbalances and creates the foundation for healthy hair. Aromatherapy oils and plant enzymes improve the condition of hair and scalp up to 96%.

#### Pramasana™ Scalp Treatment

**\$25+ Add-on | \$55 Standalone**  
An exfoliating, cleansing, and balancing facial for your scalp.

## WAXING & TINTING

Brow	\$20+
Sideburns	\$15+
Jawline	\$25+
Nape of Neck	\$25+
Lip, Chin, Ears or Nose	\$15
Full Face	\$60+
Half Leg	\$50+
Full Leg	\$80+
Underarm	\$25+
Half Arm	\$40+
Full Arm	\$50+
Bikini	\$35+
French Bikini	\$45+
Brazilian	\$75+
Brazilian Maintenance	\$55+
Men's Bikini	\$85+
Men's Brazilian	\$125+
Men's Brazilian Maintenance	\$105+
Back & Shoulders	\$65+
Back Maintenance	\$45+
Chest & Abdomen	\$65+
Brow Tint	\$20
Lash Tint	\$25
Brow & Lash Tint	\$40

## HANDS & FEET

#### Spa

**Manicure \$25 | Pedicure \$45 | Both \$65**  
Relaxing and rejuvenating, includes light exfoliation, personalized massage and maintenance and grooming of nails and cuticles.

#### Express

**Manicure \$20 | Pedicure \$35 | Both \$52**  
Includes maintenance of nails and cuticles without the exfoliation or massage.

#### Hand/Foot Relieving

**Manicure \$35 | Pedicure \$60 | Both \$90**  
Hands and feet are exfoliated, then wrapped and bathed in a warm paraffin wax to hydrate and heal dry skin.

#### Aveda Aroma

**Manicure \$35 | Pedicure \$60 | Both \$90**

- **BEAUTIFYING:** An uplifting aroma featuring organic lavender, rosemary and bergamot
- **ROSEMARY MINT:** An invigorating aroma featuring organic rosemary, peppermint, lavender, and marjoram
- **SHAMPURE™:** A calming aroma featuring 25 pure flower and plant essences, including organic bergamot, lavender, lemon, petitgrain and ylang ylang
- **STRESS-FIX™:** A proven stress-relieving aroma featuring organic lavender, lavandin and clary sage

#### Shellac/Gel

**Manicure \$45 | Pedicure \$70 | Both \$110**  
Get high-gloss nails with zero chipping for up to 2 weeks. Includes filing, trimming, cuticle work, massage, and Shellac polish.

<b>Hot Stone Manicure</b>	<b>\$35</b>
<b>Hot Stone Pedicure</b>	<b>\$65</b>
<b>Both Services</b>	<b>\$95</b>

A luxurious service that incorporates heated stones to soothe your muscles and joints. Reduces fatigue, increases energy levels, and encourages circulation.

<b>Dip Nail Manicure</b>	<b>\$55</b>
Add tips or French	\$10+

Lightweight and more durable than gel, dip nails look and feel natural, add length, protection and shine, and can last more than 2 weeks.

<b>Full Sets*</b>	
Regular Acrylic	\$45+
White-Tip Regular Acrylic	\$45+
Clear Solar	\$50+
White Tip Clear Solar	\$50+
Pink and White Solar	\$60+
Add Coffin Shape	\$10+

<b>Refills*</b>	
Regular Acrylic	\$35+
Clear Solar	\$40+
Pink and White Solar	\$55+

<b>Polish Change</b>	Hands \$10/Feet \$20
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Includes hot towel cleanse, shaping/buffing, and cuticle oil

<b>Soak off with service</b>	\$5
<b>Soak off without service</b>	\$20+

#### Add-on to any Nail Service

French	Hands \$5 / Feet \$10
Paraffin Wax	Hands \$10 /Feet \$15
Shellac Polish	Hands \$25 /Feet \$30

\*Performed only at Ashley Ridge and Bossier locations.

## FACE & SKIN THERAPY

All facial treatments are suitable for both women and men.

#### Tulasāra™ Facial Treatments

Dry, oily, aging, uneven, sensitive and acne skin conditions and eye concerns can all be treated with this customized facial. Your Tulasāra™ facial will be designed to balance your skin and reveal its natural beauty.

30 min/\$55\*

60 min/\$85

90 min/\$130

**Spa Concepts Stress-Relieving Facial\***  
75 min/\$125

**Dual Exfoliation Treatment\***  
75 min/\$150

**Microdermabrasion**  
30 min/\$75\* | 60 min/\$125

**Dermaplaning**  
30 min/\$75\* | 60 min/\$125

**Aveda Perfecting Plant Peel<sup>SM</sup> Facial\***  
30 min/\$65 | 60 min/\$95

Add-on only/\$20

**Botanical Skin Resurfacing Facial\***  
30 min/\$55 | 60 min/\$85

**Essential Back Treatment**  
60 min/\$80

**Eye Treatment**  
15-min add-on to any facial/\$20

\*Does not include extractions.

## MASSAGE

#### Aveda Aroma Massage

Stress, muscle tension and lack of energy can be addressed with a customized massage. Your massage therapist will provide you with the best combination of products, personalized Aveda aromas and massage techniques, which can include Swedish/relaxation, deep tissue, reflexology, chakra, and stress-relieving techniques.

30 min/\$55

45 min/\$75

60 min/\$85

90 min/\$130

120 min/\$170

#### Fusion Stone Massage<sup>SM</sup>

30 min/\$65

60 min/\$100

90 min/\$155

Polished, warm river stones are incorporated to loosen muscles and flush out toxins. This massage is designed to relieve stress and ease tension.

#### Himalayan Salt Stone Massage

30 min/\$65

60 min/\$100

90 min/\$155

#### Pre-Natal Massage

30 min/\$55

60 min/\$85

90 min/\$130

Requires written authorization from physician.

#### Relaxation Chair Massage

15 min/\$25

#### Traditional Cupping

30 min/\$70

#### Bamboo Roller Massage

30 min/\$65

60 min/\$95

90 min/\$135

#### Spa Concepts Myofascial Dual

##### Cupping Massage

60 min/\$125

90 min/\$180

120 min/\$230

#### Couple's Massage/Facial\*

Available at our Ashley Ridge and Bossier locations only. Any massage or facial can be performed as a couple's massage/facial.

Please see [spaconcepts1.com](http://spaconcepts1.com) for service descriptions.

